

News of KINGS POINT

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of the SCC West
Master Association

www.kpmaster.com

January 2022

2021 Holiday Celebrations Benefiting Mary and Martha House and the Kings Point Community

This holiday season is a very special one for the Kings Point community and the Mary & Martha House of Ruskin. Through cooperation between several different entities within Kings Point, organizers were able to come together to form multifaceted events that raised over \$15,000 dollars for the Mary & Martha House; a nonprofit organization that was founded in 1982 to help women and their children escape domestic violence and homelessness.



The First Annual Celebration of the Holidays; an event the Master's Association was pleased to promote in conjunction with all Kings Point organizations, clubs, and volunteers was held December 13th at the North Clubhouse. Hundreds of residents attended the event with several festivities to enjoy that included the finalization of bids for themed trees and wreaths from the Festival of Trees, photos with Santa for donations, strolling Carolers

from the Riverview High School Chorus, representatives from Kings Point clubs with goods to sell or display, and the sale of food, drink, and dessert tickets with food representing several countries to include Italy, Cuba, Mexico, and the Caribbean.

Rounding out the evening of festivities was a raffle with over 75 prizes donated by Kings Point clubs and individuals and also local Ruskin and Sun City Businesses. Prizes included \$15 gift certificates for nail services up to grand



Bill Chini, Mary & Martha House, Jim Argiro, Former Master Association President, Steve Maguire, Santa

prizes; a stay at the Gasparilla Inn and a Cruise Certificate to Royal Caribbean both worth over \$1,500 dollars. The raffle winners were drawn towards the end of the evening and winners were announced the following morning. Because this event was such a success for the Kings Point community, it is anticipated to become a tradition for years to come.



Evidence mounting that older adults who volunteer are happier, healthier

Date: August 29, 2014 Source: Baycrest Centre for Geriatric Care

Older adults who stay active by volunteering are getting more out of it than just an altruistic feeling -- they are receiving a health boost!

A new study, led by the Rotman Research Institute at Baycrest Health Sciences and published online this week in Psychological Bulletin, is the first to take a broad-brush look at all the available peer-reviewed evidence regarding the psychosocial health benefits of formal volunteering for older adults.

Lead investigator Dr. Nicole Anderson, together with scientists from Canadian and American academic centres, examined 73 studies published over the last 45 years involving adults aged 50-plus who were in formal volunteering roles.

To be included in the review, studies had to measure psychosocial, physical and/or cognitive outcomes associated with formal volunteering -- such as happiness, physical health, depression, cognitive functioning, feelings of social support and life satisfaction.

"Our goal was to obtain a more comprehensive view of the current state of knowledge on the benefits of volunteering among older adults," said Dr. Anderson, a senior scientist with Baycrest's Rotman Research Institute and associate professor,



University of Toronto. "We discovered a number of trends in the results that paint a compelling picture of volunteering as an important lifestyle component for maintaining health and wellbeing in later years."

Among the key findings:

Volunteering is associated with reductions in symptoms of depression, better overall health, fewer functional limitations, and greater longevity.

Health benefits may depend on a moderate level of volunteering. There appears to be a tipping point after which greater benefits no longer accrue. The "sweet spot" appears to be at about 100 annual hours, or 2-3 hours per week.

More vulnerable seniors (i.e. those with chronic health conditions) may benefit the most from volunteering.

Feeling appreciated, valued, or needed as a volunteer appears to amplify the relationship between volunteering and psychosocial wellbeing.

"Taken together, these results suggest that volunteering is associated with health improvements and increased

physical activity -- changes that one would expect to offer protection against a variety of health conditions," said Dr. Anderson. Indeed, a moderate amount of volunteering has been shown to be related to less hypertension and fewer hip fractures among seniors who volunteer compared to their matched non-volunteering peers.

One troubling finding for the research team was that "very few studies" have examined the benefits of volunteering on cognitive functioning in older adults. The report noted that "not a single study" has examined the association between volunteering and risk of dementia, or the association between volunteering and a host of other health

conditions that put seniors at higher risk for dementia, such as diabetes and stroke.

With dementia prevalence projected to double over 20 years, from over 30 million people worldwide today to more than 65 million people in 2030 (Alzheimer's Disease International and World Health Organization, 2012), Dr. Anderson called it a "startling omission" that the field of neuroscience research has yet to investigate the capacity of volunteering to mitigate dementia risk or delay onset.

"We encourage investigators to include more objective measures of cognitive functioning in future studies. Particularly interesting would be the inclusion of a more comprehensive battery of neuropsychological tests, so that the association of volunteering with the risks of various forms of dementia and its precursor, mild cognitive impairment, could be ascertained," the report concluded.

Volunteer Opportunities in Our Community

Sun City Center Connect

<https://seniorsinservice.org/SCCC/>

Sun City Center Community Website

www.suncitycenter.org/visitors/volunteerism

Sun City Emergency Squad

<https://sccems.com/volunteer-with-us/>

Sun City Center Security Patrol

<http://sccpatrol.org/about#help>

**Volunteers
needed!**



Festival of Trees and Wreaths - A New Tradition

that were displayed through December 13. With the huge success of this event, this is a tradition that is anticipated will be enjoyed for many years to come. *Here is a statement from Sue Martucci, Organizer of the event:*

"A huge THANK YOU to all individuals, associations, clubs and organizations here in Kings Point who dedicated time, energy, and expense to contribute to the 1st Annual

Festival of Trees & Tradition at the North Clubhouse. The beautiful, donated trees and wreaths went a long way to create a festive atmosphere for the holiday season that we all enjoyed! A special thank you to the Kings Point Leadership Team, Shawna of the Master Association, Ken, and his security crew for their assistance. A special recognition goes to Carol Kock and Angelo Martucci for volunteering many hours



Highest Bidded: Quilters Christmas Stitches tree created by the Kings Point Quilters

2021 Tree and Wreath Submissions

Tree	Wreath
Dog Lovers Club of Kings Point	Del Duerr - Individual
Kelly Kendrick - Individual	Sue Martucci - Individual
Inverness Greens COA	Carol Kock (2) - Individual
Kings Point Garden Club	Gloucester COA
Kings Point Lapidary Club	Kings Point Quilters
Mona Brinlee - Individual	Bonnie Shenise - Individual
Devonshire COA	The Italian Club of Kings Point (2)
Kings Point Quilters	Linda Ringenback - Individual
Fran Cook & Mike Galiszuski - Individuals	Ceramics Club of Kings Point
The Italian Club of Kings Point	Nearly New Shop, SCC
Deb Ramage - Individual	Katie Simoneit & Ronni Anderson - Individuals
Karen King - Kings Point Shell Art	
Pat Urban - Individual	
Kings Point Glass Arts Club	
Oxford II COA	
Trees (2) - Nearly New Shop, SCC	

The first annual Festival of Trees and Wreaths starting November 28, 2021, was a great success for the Kings Point Community and Mary & Martha House. According to Sue Martucci Organizer of the Festival, the total amount of bids for the themed trees and wreaths totaled over \$3,000 dollars, the highest bid totaling \$250.00. The item that was bid on the most was the "Quilters Christmas Stitches" Tree (Bid Sheet 17) that was created on behalf of the Kings Point Quilters Club. There were several other entrants from additional Kings Point clubs and residents as well

to assist in setting up the trees and wreaths for display, and for assisting with payments and removal when awarded bidders came to claim their trees and wreaths. Other wonderful volunteers included Mona Brinlee, Patty Gelsey, and Shari Thompson - all Kings Point residents and fellow K.P. Garden Club members. It was my pleasure to propose the idea for the festival and to make it such a wonderful success for the very deserving Mary and Martha House and our Kings Point community.



Luminaries By KP Lawn Bowling Club

By: Bonnie Mccauslin

Bowling Club, with the help of its Club Members, arranged the lighting of the walking paths around the Gazebo with the placement of 400 luminaire bags and Tealights. The luminaries allowed the entire area to be covered in light as residents and guests roamed the walking paths to observe the festive lighting and enjoying the evening.

The Master Association, the Federation, and COA requested assistance from The Lawn Bowling Club, and their club members were happy to help in creating a festive atmosphere. The Lighting of the Paths were a hit, and the Lawn Bowling Club looks forward to being a part of this Festive Occasion in the coming years.



Happy New Year to all of Kings Point from the Kings Point West Lawn Bowling Club!

Kings Point's Celebration of the Holidays could not be possible without our Sponsors!

Special Thanks

- USI**
- \$1,700 Two Nights at Gasparilla Inn with Food
- Miracle Ear**
- \$1,000 Discount Certificate
- IOA Insurance**
- \$700.00 Lightning Tickets- 2 tickets to 1 game
- Busch / Ross**
- Monetary Donation of \$750.00
- Kings Point Land Trust**
- Individual tickets (2 tickets - 1 show - (12 shows available - \$420.00)
- Russel Landscaping**
- 2 \$100 Visa Cards & 4 \$100 Certificates from West Coast Golf Cart
- Vesta Property Services**
- 1 \$500.00 Gift Card (Amazon)
- Home Depot**
- Nexgrill Gas Grill (Home Depot - \$400.00)
- Casper Cares (McDonalds)**
- Happy Meals for a Year (\$300.00)
- Kings Point - Lawn Bowling Club**
- Luminaries - \$200.00
- Ameriprise**
- 2 Wine Gift Baskets \$175
- Kings Point Quilters Club**
- Hand Maid Quilt (\$100.00)
- Sunset Bar and Grill**
- 2 \$50.00 Gift Cards
- Kings Point Resident Chris Spooner**
- 2 \$30.00 wine bottle baskets
- Annette's Full-Service Beauty**
- 2 \$40.00 Gift Certificates
- Kings Point Residents Butch & Trish Clark**
- 1 \$50.00 Gift Card (Bealls)
- Cali Nails**
- 1 \$25.00 Gift Certificate
- Sun City Center Flowers**
- 1 Fresh Flower Arrangement (\$25.00)

- MMW (Assured Partners)**
- \$1500 Royal Caribbean Gift Certificate with gift basket valued at \$200
- Brightview**
- 2 \$485.00 Apple - 10.2 Inch iPads with 256GB - Space Gray
- Down to Earth**
- 3 \$200.00 Gift Baskets with Golf Rounds
- Kings Point Resident Kerry Kwieansky**
- Cash Donation - \$500.00
- Kings Point Land Trust**
- 2 \$25.00 Kings Point Gift Card
- Global Engineering**
- 20 Gift Cards - 10 X \$25 (Publix) & 10 X \$25 (Visa)
- Frisicia & Ross PA**
- \$500.00 Monetary Donation Toward Event
- Brown's Tree Service**
- 4 Various \$100 Gift Cards (Brass Pro, Longhorn, Home Depot, Publix)
- Rose Paving**
- 12 \$25.00 Gift Cards (12 Local Restaurants)
- Turf Keepers**
- \$150 Floral Arrangement
- ARIPM Consulting**
- 1 \$100.00 Gift Card (Amazon)
- Martin Security Services**
- 1 \$100.00 Gift Card (Master Card)

- USI**
- \$1,000 Bucs Tickets-4 tickets to 1 game
- 1st Choice Realty**
- \$700.00 Monetary Donation Toward Event
- Kings Point Resident Susan Martucci**
- Festival of Trees Event - Over \$3,000.00
- Kings Point Land Trust**
- 1 set- (24) 2022 Series Tickets: (2 tickets for 12 Various Shows - \$420.00)
- Kings Point Land Trust**
- 4 \$25.00 Complimentary (2) Mani/ (2) Padi Service - Serenity Spa and Salon
- ITS (Irrigation Technical Services)**
- 1 \$500.00 Gift Card (Visa)
- FirstService Residential**
- 3 \$150.00 Apple Air Pods
- Heritage Insurance**
- 6 \$50.00 Gift Cards (Visa)
- OLM**
- 2 \$100.00 Gift Cards (Visa)
- The Bug Guys**
- 1 Gift Card \$100.00
- La Beautique**
- 5 \$20.00 Gift Certificates
- Nature Coast Irrigation**
- 1 \$100.00 Gift Card (Amazon)
- Solitude Lake Management**
- 3 \$25.00 and 1 \$15.00 Gift Cards (Outback, Publix, Amazon, and Starbucks)
- Mailbox Store**
- 1 \$50.00 Gift Certificate
- Kings Point Bingo Club**
- 2 One Packet of Bingo Thursday or Sunday (\$25.00 each)
- SCC Travelworld**
- 1 \$50.00 Champagne Basket
- Excell Nails**
- 2 \$17.00 Gift Certificates
- True Nails**
- 1 \$20.00 Manicure Gift Certificate



Mary & Martha House Angel Tree A Success!

By Mary Ann Meeker



The Angel Tree to benefit the children assisted by Mary and Martha House was a great success! The tree was decorated with Angels over the weekend of November 20th and 21st in the North Clubhouse in Kings Point and on the 22nd at 10am there appeared 18 elves to select an angel from the tree; By 12pm the angels were gone. The elves did their shopping and returned with their gifts December 17th and 18th, and the elves were very generous

with their gift giving. So many of the folks (elves) had such a wonderful time selecting gift requests from the Angels and it was wonderful to see the smiles on their faces as they brought the gifts to the Clubhouse. In addition to shopping elves, we had wrapping elves and elves to transport the gifts and the volunteers at Mary & Martha house were pleased to get all the gifts. The Kings Point Community has done a wonderful job

of supporting the mission of Mary and Martha House. We couldn't believe the turn out and know some elves were disappointed there were no Angels for them, but hopefully we will have may more next year! A Special thanks to all the elves who shopped, wrapped, and transported the gifts to Mary & Martha House! "Merry Christmas to all and to all a Good Night" and a Happy New Year too!

Kings Point COA Annual Holiday Lighting Contest - Eileen Peco

As planned, judging for the Kings Point COA Holiday Lighting Contest was held the evening of Friday, December 17. Santa led the golf cart caravan as the judges toured the community to view the entrants in the contest. Everyone was excited to see so many unique and beautiful displays of holiday lights – making it a difficult job to pick the winners this year. Winners are as follows:

First Place - Highgate IV



Second Place - Lyndhurst Honorable Mention - Yorkshire



1ST PLACE WINNER - \$100.00 PRIZE - 2113 SOUTH HALCYON DRIVE



2ND PLACE - \$50.00 PRIZE - 2449 SIFIELD GREENS WAY HONORABLE MENTION - 2122 WORTHINGTON GREENS DR.



REMINDER – THE KINGS POINT COA HAS RESUMED NORMAL BUSINESS HOURS: MONDAY THROUGH FRIDAY 9AM - NOON.

KPCOA MEMBERS - MARK YOUR CALENDARS!
JANUARY 4, 2022: MONTHLY KPCOA BUSINESS MEETING AT 2:00 PM IN THE BANQUET ROOM OF THE MAIN CLUBHOUSE.
FEBRUARY 1, 2022: MONTHLY KPCOA BUSINESS MEETING AT 2:00 PM IN THE BANQUET ROOM OF THE MAIN CLUBHOUSE.
FEBRUARY 21, 2022: KPCOA ANNUAL MEMBERSHIP MEETING AT 2:00 PM IN THE WATERSIDE ROOM.

DECEMBER MEETING LOTTERY DRAWING WINNER (\$25)
DINAH ALLISON ANDOVER F
CONGRATULATIONS!



EMERGENCY PREPAREDNESS
KINGS POINT
 MAKE A PLAN | BUILD A KIT | BE INFORMED

Disaster Preparedness 2022

Mary Ann Meeker - Chair, Master Disaster Preparedness

Although the Hurricane Season is over for 2021 and we as a community were very fortunate to have only one storm that might have caused us to put our preparations to work; we now need to think about preparing for the 2022 season. If you want to refresh your memory or begin the work to prepare yourself you can see the Disaster Symposium by going to <https://youtu.be/llbo7luXQvw> and watch the video.

The Master Disaster Preparedness Committee will begin working on the plans for 2022 in the near future. We will be having a Symposium early in the new year. Mark your calendars for March 7, 2022 as the tentative date. The event will be in the Veterans Theater, and all the Sun City Community will be working together to create helpful preparations for 2022. Please watch for more information in the upcoming weeks.

Help your friends and neighbors stay up to date and informed by sharing how they can sign up for Master Association Communications:

Click the Email Sign Up Banner on the home page of our website at www.kpmaster.com or scan the QR Code below.

IMPORTANT REMINDER FOR KINGS POINTS RESIDENTS

After Hours
Emergency #
813-642-8990

MARY & MARTHA HOUSE FASHION AND HOME GOODS

312 S. US Hwy 41
Ruskin, FL 33570
Store Hours:
Tuesday- Friday 9-4 pm
Donation drop-off is 9-1 pm
Sat. 9-1 pm
Donations are 9-12.

SAVE THE DATE

February 18, 2022 @ 6:00 PM
Casino Night – KP Lawn Bowling

March 7, 2022 @2:00 PM
Disaster Planning Symposium

PHOTO of the Month

Open to all Kings Point Residents.

Submit your entries to master@kpmaster.com



Photo of the Month By:
Barbara Zilmczak – Edinburg
At the Water's Edge



This Month In History...

By: <https://holidayinsights.com/history/history01.htm>

- January 1, 1908:** The ball first dropped at Times Square in New York City.
- January 3, 1870:** Construction began on the Brooklyn Bridge
- January 6, 1975:** Television game show "Wheel of Fortune" premieres.
- January 9, 1951:** The United Nations opens it's headquarters in New York City.
- January 10, 1863:** The world's first underground passenger railway system opens in London, England.
- January 11, 1973:** American League baseball adopts the "Designated Hitter" rule.
- January 12, 1966:** Batman debuts on television.
- January 13, 1943:** Germany's Adolf Hitler declares "Total War" against the Allies.
- January 14, 1973:** The Miami Dolphins defeat the Washington Redskins in Superbowl VII, and become the first undefeated team in NFL history.
- January 15, 1974:** Happy Days premieres on television.
- January 16, 1991:** Operation Desert Storm begins to oust Saddam Hussein's' Iraqi forces from Kuwait.
- January 17, 1984:** The U.S. Supreme Court rules that taping on home VCRs does not violate copyright laws.
- January 23, 1556:** The deadliest earthquake in history strikes Shansi, China, killing 830,000 people.
- January 27, 1967:** Tragedy strikes the Apollo space program as a fire in the command module kills astronauts Lt. Col. Virgil "Gus" Grissom, Lt. Col. Edward H. White, and Lt. Cdr. Roger Chafee.
- January 28, 1986:** U.S. space shuttle Challenger explodes 72 seconds after liftoff, killing the seven crew members. Among the crew was school teacher Christa McAuliffe.
- January 29, 1900:** Baseball's American League is founded.
- January 30, 1969:** The Beatles held their last concert. It was interrupted when police received noise complaints from neighbors.
- January 31, 1865:** U.S. House of Representatives approves a constitutional amendment abolishing slavery.



IMPORTANT SAFETY INFORMATION

For your safety, the closed golf courses are closed to the public for construction while the cart paths are being repaired. We anticipate the courses will be ready to open the middle of January. To stay up to date please visit kpmaster.com for more information.

Thank you for your cooperation.

UPCOMING MEETINGS

- January 4th @ 2:00pm**
COA Meeting
KPNCH - Banquet Room
- January 7th @ 9:30am**
Federation Board Meeting
KPNCH - Card Room
- January 12th @ 9:30am**
Master Association Town Hall
Room - TBD
- January 19th @ 9:30am**
RFEC Meeting
Room - TBD
- January 21st @ 9:30am**
Federation Membership Meeting
Room - TBD
- January 26th @ TBT**
Masters Round Table Discussions
Room - TBD



Kings Point Lawn Bowling Fundraising Event

The Kings Point Lawn Bowling Club fundraiser is being held on February 18 at the Kings Point Veterans Theater from 6 pm to 9 pm. Pre-sale donation tickets are \$25.00; After January 18 the donation cost is \$30.00 per person. Wine and snacks are included in the admission. Ticket Price includes \$100.00 of "funny" money to use at the Blackjack, Craps, Poker, or Roulette table. To purchase tickets for the event please Contact Bonnie McCauslin at 717-580-8795 or visit the North Clubhouse Jan. 10th, 12th, 13th, and 14th from 9:00 AM to 1:00 PM.



KPCH Veterans Theater Series Show Lineup
All Shows at 7:30 PM

- Jan. 6th Absolute Queen
- Jan. 10th Motown Magic
- Jan. 18th Memories of Elvis
- Jan. 25th Three Dog Night
- Jan. 27th Everly Brothers
- Feb. 2nd Changes in Latitudes
- Feb. 15th California Surf, Inc.
- Feb. 7th Abba Cadabra
- Feb. 21st Back Home Again,
A Tribute to John Denver
- Mar. 1st Let's Hang On
- Mar. 24th Forever Orbison
- Mar. 28th The Kingston Trio